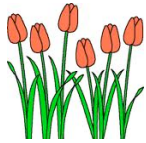




www.CoventryEquestrianCenter.com

~ June 29th ~ Coventry Summer Dressage Schooling Show ~ Dana Fiore judge



To win WPDA Awards you need four canter cash. Volunteering is how you gain canter cash.

We need scribes, runners, scorers and someone to assist the

concession stand with Ann Bondi.

PLEASE BRING YOUR FORMS TO ME TO SIGN ASAP. And, there will be a form to be filled out in the show program.

Future Coventry dressage show date is ~ Sept. 21st

Sonador dressage show ~ July 13th

(FYI ~ If you have taken lessons with Dana in the past thirty days prior to the show she is judging, you are not allowed to show under her as a judge...)

Horse on Course Dressage dates - July 27th, August 24th, September 7th

Horse on Course Hunter dates - June 21-22, July 19-20, Sept. 13-14, October 4-5.

Want to show hunters in Legonier horse show at Kymallyn Equestrian ~ July 20th..



Caletto a half Friesian Thoroughbred imported from Alberta, Canada!
Welcome to Coventry!
Wait till you see this horse trot!

Jumping this week

~ Sue Stepuson this Wednesday June 18th ~
530 - 730pm

Dana Fiore USDF Bronze and Silver Medalist at Coventry every Tuesday afternoon. If you are interested in lessons see Kristin.

FredWeberdressage.com clinic at Joyce Mitchells this weekend June 21 & 22. Also, a Horse on Course hunter show. Taking a few horses Friday evening and picking up Sunday



Coventry Utility Bills are over 7000 a year and last Sunday it was sunny all day and someone turned on the arena lights and I found them on at 715pm, just saying!!! If you think you need the arena lights on to ride a on a beautiful sunny day because you are not eating your organic carrots ~



PLEASE TURN THEM OFF.

Check out my new facebook page - <https://www.facebook.com/groups/555303041245489>

“It is literally true that you can succeed best and quickest by helping others to succeed.”- Napoleon Hill



Don't Pull That Dandelion!

It's one of the first spring foods for our precious bees.



Let's not kill off anything that helps the bees.



www.gmofreeusa.org
www.facebook.com/gmofreeusa
www.facebook.com/gmofreescanadagroup



Dandelions ... equine delicacy (from www.CoventryEquestrianCenter.com)

Spring is here and soon dandelions will be everywhere and our horses that can get to them will be devouring the flower tops with with joy. Then strangely people will be poisoning the beautiful yellow "useless weed" with joy! Who knows better the horse or the people?

Dandelions are hardly an eye-sore in my mind. When I see a dandelion I think liver cleanser and that is what the horse is doing by eating them. The dandelion however, has so many healing aspects to it that cleansing the liver is



only one. I could write a book about the dandelion but that has already been done, and it is called, "Dandelion Medicine" by herbalist, Brigitte Mars.

This bitter weed, rather I mean herb, practically has an intelligence as the flower will close when it is going to rain, and remain open when it is not. If growing under fruit trees dandelions will give off a gas at sunset called ethylene, which helps fruit to ripen early and evenly! (Remember that book the Power Of Plants?)

The roots burrow deep into the earth and dandelions like to grow where the soil is healthy - our yards. The root is the part of the plant one uses to cleanse the liver; the flowers, of course, are for making wine! Hilary Page Self the author of "A Modern Horse Herbal" says she has reports of horses digging to get to the roots!!!

As a well known liver detoxifier and strengthener, dandelion is sold as an over-the-counter drug in Germany for people with liver problems. Known to eliminate waste from the liver and lymph system, dandelion is also used as a diuretic to flush toxins that cause inflammation. As a natural lasix treatment for horses it is high in minerals magnesium, calcium, copper, iron and vitamins A, B, C and D.

Every year I make a spring tonic for my horses with Dandelion, Yellowdock, and Burdock roots (the bitter herbs). I tincture the roots and feed 1 - 2 ounces of this tonic to my horses. Since my pastures are not abundant in herbs and the natural forage a horse might get if not domesticated, I provide for them. And, I take the tonic myself. Trust me, it tastes very bitter, but it is these bitter herbs that cleanse the liver. A cleansed liver makes for a healthy body; my horses never get sick, and neither do I. Lol! (Of course, I now drink wheat grass daily too.)

So this year maybe do something different, instead of calling Chemlawn, I know it will be time consuming, but get a basket and go into the front yard and pick the dandelion heads. Your horses will be grateful  poison 



Went to the Creekside show a few weeks ago with Misty and Hannah. This pair placed very well in many of their classes and were reserve champions! In the back ground is the judge Sue Stepuson. This weekend is a Horse on Course hunter show for Misty and Matty!

DRESSAGE SHOW!!!

Last weekend was the first USDF Recognized show of the Year and Coventry did awesome!!! Mandy, Kristin and Valerie went to GrandHaven for our first 'real' dressage show of the year. And, we all did great!!! Mandy scored a 73+% with Beau and Valerie achieved the scores she needs for a USDF All Breed award with the amazing Twilight! I too got scores toward my USDF National goal and was only a few points behind many FEI riders. Brachstar and I hold our own among those professional riders and their fancy mounts...well, he is fancy too! Of course, there are more photos on the Coventry Equestrian Center facebook page here is one link ~ <https://www.facebook.com/media/set/?set=a.760652127288749.1073741841.168359289851372&type=1>

And, here is a link to the Kristin Hermann facebook page - <https://www.facebook.com/photo.php?fbid=10152518468898945&set=pcb.10152518490323945&type=1&theater>



Wonder what to do with your ribbons, make a ribbon wreath



