



www.CoventryEquestrianCenter.com

Upcoming Clinics @ Coventry

November 22 WPDA Banquet
Robin Birk Clinic Dec 13 - Lesson fee has
raised lessons will now be \$65.00

December 20th - Coventry Christmas Party

Sue Stepuson is teaching at Coventry every other Wednesday at 1230 pm, and coming either Wednesday evenings or Saturday afternoons. Let me know if you are interested in riding...
East Meets West ~ Upcoming Clinic with Dr. Amanda from Canon Hill on Acupuncture. Dr. Amanda has recently been certified as an acupuncturist for horses. Gee Homeopathy, Acupuncture this is all wonderful!

Homeopathy for Horses, Humans, and Pets ~ Oh My!

As you all know, I use as many 'natural' products on my horses and pets. I also use "conventional medicine", of course! I feed garlic to deter fleas and ticks (my dogs do not get fleas and I do not have to use poisons) and I have used homeopathy for about 15 years with great results. If any horse gets hives I give Apis and it typically goes away within 24 hours. I also subscribe to Holistic Equine newsletters and here is a brief article about some common homeopathic uses for horses. Trust me if I need a vet, I will call...but I save a lot of money using some proven simple remedies! (Homeopathy is just water and the body is 90% water!)

Apis ~ Used for hives or allergies, usually works within 24 hours. I use it all the time with great results

Arnica 30C - This remedy is for inflammation and pain. It can be used anytime to stop internal or external bleeding. It can be given to alleviate pain and to decrease bruising. Arnica may be used externally or internally in the treatment of sprained or bruised tendons and muscles.

Belladonna 30C ~ Belladonna is useful early in the infection process when the site is red, hot and painful. It is for the pet who shows excess excitement and fear of loud noises or thunder. Belladonna may help when the animal is feverish and excited with dilated pupils. Belladonna has an all-embracing action, which may be useful any time there is a full pounding pulse and fever.

Calendula Tincture ~ Calendula officinalis can help stop external bleeding and aid in healing. It can be used on all open wounds. Put 15 to 30 drops into 4 oz of water to help flush out wounds. (Calendula ointment is awesome for healing small wounds, is water soluble and easily absorbed in the skin.)

Cantharis 30C ~ will help decrease the pain in animals whose skin looks burnt. It should be used any time there are eruptions on the skin with burning and itching leading to raw patches. Cantharis may help if there is burning pain during frequent attempts to pass bloody urine.

Hypericum 30C ~ Hypericum perforatum has been shown to be an important remedy in pain relief for injuries to areas rich in nerve endings. Keep on hand for puncture wounds, first and second degree burns, pain that radiates or shoots from the injury site.

Ledum 30C ~ This remedy is used for any wound or puncture that is deeper than it is wide. Dosing is 5-10 drops three times per day for 5 days.

When using homeopathic remedies for acute conditions, a few drops every 15-30 minutes will help maintain comfort. For minor conditions, place a few drops in mouth or on skin three times a day for three days. When treating a horse, the remedies may be placed on the tongue, nostril area or any area where the hair coat is not thick enough to impede absorption. Liquid homeopathic remedies can be used both orally and directly on the wound. These instructions are not designed to replace the advice of your veterinarian or animal health care practitioner. The product is not intended to diagnose, treat, cure or prevent any illness. See more at: http://holistichorse.com/equine-therapy/homeopathy/450-homeopathic-remedies-for-wound-care-?utm_source=Copy+of+Aug+20+E+News+&utm_campaign=8%2F21+e+news&utm_medium=email#sthash.pxMlzJ4Z.dpuf

Heather Rohm boards at Coventry and owns a feed store! How convenient. If you ever need anything contact Heather she sells below retail and cheaper than Tractor Supply, i.e. wormers, blankets, vet supplies.... And, she delivers since she is coming here anyway!! How great for us! This website is where she gets may of her items ordered from so see what they have and what you may need.... <http://www.horsehealthusa.com>

Pilates at Coventry Saturdays at 11am
contact Anita fliers in the barn: pilatesanita@gmail.com

Lunging Season is here Let Me Know if I can be of service!

"Life is 10% what happens to me and 90% of how I react to it." – **Charles Swindoll**

Wren and Twister when they first arrived at Coventry ~ Wren is 'ponying' Twister ~ a lost art!



Blaine Orris from BlaineOrrisEventing.com has been riding Twister for months and has him jumping beautifully, and working First Level dressage. Twister is for sale and you can see his ad here: He has incredible gaits and a sweet temperament. No vices, well he does like girls, but shouldn't all geldings?

<http://www.warmblood-sales.com/HorseDetail.asp?HorseID=39903&UserID=15452>

Mandy came to Coventry when she was in college and was still riding on the Pitts Equestrian Team. She ended up leasing Somerset and learned how to put a horse on the bit and the value of dressage, or the gymnastic training of all horses. When Beau came up for sale, who was an aspiring A show circuit hunter



from the Hampton's of Long Island, Mandy dug deep into her pool of money and purchased him! Three years later, this fall, she and Beau competed not only at the USDF Regionals but they were invited to the USDF Nationals. Beau, being a high maintenance horse, put Mandy through the ringer before both of these shows. He had many weeks off before competing, but they still made it to the show. Out of approximately 70 horses in each class Mandy and Beau scored a few points behind the winners. They

had respectable scores averaging 68 plus percent! Not enough to put them in the lead but close! At the Regionals the winner was a 73%, at the Nationals 75%. This chance of a life time, in my opinion, is well worth just to see your name in lights like that! Congratulations to you Mandy and Beau ~ your training ethic and success is an inspiration to us all. Mandy was the leading WPDA rider at the Nationals and she and Beau (Charlie Brown) also won nationally the Half Draft Cross USDF ALL Breed award for 2014!

Adriana is back in the saddle she has the clear from her doctor that she can ride again!!!!!! If your horse needs ridden, she has lots of riding skill she can share with your horse, for a fee! Lol. Contact Kristin or Adriana

Here is she riding Matty at a Mingo show, obviously poetry in motion!



Isabel Werth's Training System Unveiled By [Beth Baumert](#) (excerpts from a good article, In Dressage Today

The nuances of German Olympian Isabel Werth's training system at the USDF National Dressage Symposium. The mystery behind her successes and the controversy surrounding her low-and-deep training methods are unveiled at the USDF Symposium, March 30-April 1, 2001.



"Isabell uses low and deep work to develop a connection that enables the horse to come up and out. Going to a competition frame is never an issue with her method because you've trained your horse to be responsive to all of your aids so he reaches for the bit and will follow the contact wherever you put him.

Not every horse or rider needs to work deep, but if the horse is in front of the vertical all of the time, he may get blocked in the back with the hind legs behind. Riding deep helps to make the horse rounder.

Allow hands that follow or "breathe" with the horse's mouth, keeping equal weight in each rein so the right hand always knows what the left hand is doing. (Sound familiar?)

Chewing the bit is the signal: it sets the stage for a good transition. Chew and bend before each transition. If you have horse that comes up during half halts and transitions, ride it deep so he learns not to hollow.

During a break she explains that when she says outside rein, she doesn't mean to pull on the outside rein or to take it back but to drive the horse into it and then hold it. Why the outside rein? "Because the outside rein keeps the horse straight." "It brings the horse's back up and makes him round. It collects the horse back on his quarters so he doesn't fall on the shoulders or fall on one shoulder."

The connection had to be on my terms. She told me to give him the parameters that he had to work within. Initially he resisted those parameters, but he learned to respect them and was much happier because of it. As soon as he was within the parameters, he was comfortable and could move freely. He was committed to the bit, and his entire body was involved in the work. He and I were both soft and flexible wherever I put him so he moved bigger and more forward." Reminders come for every rider: Keep the contact, let him draw on the rein, keep the forward, not too forward, not running, chewing, more bend, and, of course, use the outside rein.

Every time I would start to collect, she would say more forward. Then as soon as I went more forward, she would say collect.

By the end of the symposium Werth has developed the horses to the best of their abilities by encouraging the riders, yet demanding they work. "My goal is to find the best connection between me and my horse," she says, "and to find the key for each individual horse--find his special abilities and build on them. Like

children, they learn the easiest way when they are playing games. It's not always a game, but the horse has to enjoy it and think it's his choice to do the work."

The goal is to be as soft and light as possible, but as strong as necessary."

This article first appeared in the July 2001 issue of *Dressage Today* magazine. For copies of articles,

email

Dressage.Today@EquiNetwork.com



