



www.CoventryEquestrianCenter.com

A Day in the Life at

Coventry
Horses stuck in for three days. Hopefully ground freezes and they can get out Saturday

am!

Ross, a chiropractor, came yesterday. He goes through all the horse's pressure points then adjusts them as needed. He gave Bella a good work over, and as usual Promise seems fine. Several other horses were adjusted as needed. Having watched many equine chiropractors over the years, this man is at the top of my list! ☺



am!

Other quotes of interest from this article:
Balance on a moving horse is dynamic, not static.
“The side to side and up and down motion of the horse’s swinging back, he cautioned, would be ruined if the rider sat stiffly. Discovering how to swing the hips is the key element. The rider must learn to take the movement of the horse into his own body and then put it back into the horse.”

The rider must also develop a “breathing leg” which does not grip.

(Read Kristin’s article Living Your Riding Position, from a WPDA member meeting with equestrian Dr. George Felder from Sonador Equestrian Arts)

Link to article

[...http://blythdale.tripod.com/coventryequestriancenter/id63.html](http://blythdale.tripod.com/coventryequestriancenter/id63.html)



Coventry Equestrian Center is on Facebook, and we post things like the photo to the left. The caption reads, “nothing like a dorsal stripe to see if you are in balance on the

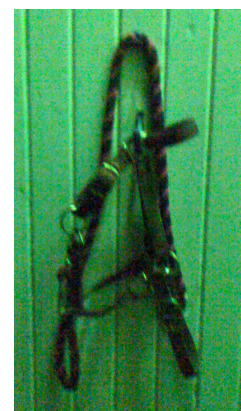
horse!” Soon we will be posting mini lesson videos on things like, Off the Wall Riding, Finding your Seat with Bareback Balance, The Three R’s Relaxed, Rhythmic and Round, Chewing the Reins out of the Hands, and illustrations of longitudinal motion just to name a few upcoming posts.



Halter fetish ~ Ever wonder where I got my fetish of how to hang a halter? I am sure you all were wondering? Ha ha! It came from Greenmoor Common when I used to water the horses there and think now what. Let’s face it watering is boring! So, while the buckets were filling I

would rearrange the halters and lead ropes

on the hooks. These photos illustrate an example. Halter to the left is unorganized and messy! Does it show the state of this person’s mind? Halter on the right is neat and tidy! These photos were taken the other evening when I was watering the horses! Feng Shui in the barn. (Now where is that prosperity corner?) Ever wonder how we know you came to visit your horse, it is because of how you left the halter!



How many times do we say, I wish I thought of this! Here is a whip designed to curve around your leg! Wow, how simple. It costs \$40.00



www.dcueproducts.com

Words of Advice from Conrad Schumacher’s Riding Training Scale USDF Connection, March 2000. Interview with Bill Woods from the USDF 1999 Symposium.

Riding Training Scale

- ~ Establishing balance in the seat
- ~ The seat becoming an active but non-disturbing influence
- ~ Understanding and applying the basic aids in combination
- ~ Increasing control of the horse through lateral movements and bending
- ~ Finely tuning the aids in situations of reduced speed
- ~ Using the horse’s natural tendency to anticipate for the rider’s own purpose